

## DISHES AND THEIR ALLERGEN CONTENT - Blackpool/Cheshire Oaks/Notting Hill, Eastbourne

The following applies to the below chart and is a guideline only:-

DISHES	✓ = Contains					? = may contain				No Allergic Ingredients				Sulphur Dioxide	Cooking Oil Used	Can Be Made Gluten Free
																
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya			
Pulled Brisket & Potato Croquettes	?	✓	?	✓	?		✓	?	?	?	?	?	?	?		
King Prawn Cocktail	✓	✓	?	✓	✓		?	?	?	?	?	?	?	?		
Homemade Fishcakes	?	✓	?	✓	✓		✓	?	✓	?	?	?	?	✓		
Harry's Fried Chicken	✓	✓	?	?	?		?	?	?	?	?	?	✓	✓		
Haddock & Chips	?	✓	?	✓	✓		?	?	✓	?	?	?	?	✓		
Hake & Chips	?	✓	?	✓	✓		?	?	✓	?	?	?	?	✓		
Cod & Chips	?	✓	?	✓	✓		?	?	✓	?	?	?	?	✓		
Plaice	?	✓	?	✓	✓		?	?	✓	?	?	?	?	✓		
Harry's Club Sandwich	?	✓	?	✓	?		?	?	?	?	?	?	?	✓		
Crayfish Brioche Roll	✓	✓	✓	✓	✓		✓	?	?	?	?	?	✓	✓		
Battered Cod Burger	?	✓	?	✓	✓		✓	?	?	?	?	?	✓	✓		
Breaded Chicken Burger	?	✓	?	✓	?		✓	?	✓	?	?	?	✓	✓		
Chicken Caesar Salad	?	✓	?	✓	✓		✓	?	?	?	?	?	?	?		
Steak, Smoked Bacon & Ale Pie	✓	✓	?	✓	?		✓	?	✓	?	?	?	?	✓		
Roast Chicken, Rosemary & Leek Pie	✓	✓	?	✓	?		✓	?	✓	?	?	?	?	✓		
Cauliflower, Leek & Cheddar Pie	?	✓	?	✓	?		✓	?	✓	?	?	?	?	✓		
Chip Shop Sausage - Plain	?	✓	?	?	?		?	?	?	?	?	?	✓	✓		
Chip Shop Sausage - Battered	?	✓	?	?	?		?	?	?	?	?	?	✓	✓		
Yorkshire Sausage - Plain	?	✓	?	?	?		?	?	?	?	?	?	?	✓		
Yorkshire Sausage - Battered	?	✓	?	?	?		?	?	?	?	?	?	?	✓		
Harry's Fried Chicken	✓	✓	?	?	?		?	?	?	?	?	?	✓	✓		
Breaded Wholetail Scampi	?	✓	✓	?	?		?	?	?	?	?	?	?	✓		
Fish Bites	?	✓	?	✓	✓		?	?	✓	?	?	?	?	✓		
Homemade Fishcakes	?	✓	?	✓	✓		✓	?	✓	?	?	?	?	✓		
Club 60	?	✓	?	✓	✓		?	?	✓	?	?	?	?	✓		
Tea of Coffee							✓									
Bread & Butter Pudding		✓		✓			✓			?	?	?	?	✓		
Vanilla Ice Cream							✓									
Kids - Fish Bites	?	✓	?	?	✓		?	?	?	?	?	?	?	✓		
Kids - Sausage - Plain	?	✓	?	?	?		?	?	?	?	?	?	✓	✓		
Kids - Sausage - Battered	?	✓	?	?	?		?	?	?	?	?	?	✓	✓		
Kids - Chicken Bites	?	✓	?	?	?		?	?	?	?	?	?	✓	✓		
Ice Cream Scoop							✓									
Chocolate Brownie		✓		✓			✓			?	?	?	✓	?		





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Sea Change Prosecco - 125ml														✓		
Sea Change Prosecco - BOTTLE														✓		
Writers Block Sauvignon Rose - 125ml														✓		
Writers Block Sauvignon Rose - 175ml														✓		
Writers Block Sauvignon Rose - 250ml														✓		
Writers Block Sauvignon Rose - BOTTLE														✓		
Marius Peyol Provence Rose - 125ml														✓		
Marius Peyol Provence Rose - 175ml														✓		
Marius Peyol Provence Rose - 250ml														✓		
Marius Peyol Provence Rose - BOTTLE														✓		
Writers Block Chenin Blanc - 125ml														✓		
Writers Block Chenin Blanc - 175ml														✓		
Writers Block Chenin Blanc - 250ml														✓		
Writers Block Chenin Blanc - BOTTLE														✓		
Villa Blanche Picpout de Pinet - 125ml														✓		
Villa Blanche Picpout de Pinet - 175ml														✓		
Villa Blanche Picpout de Pinet - 250ml														✓		
Villa Blanche Picpout de Pinet - BOTTLE														✓		
Writers Block Shiraz - 125ml														✓		
Writers Block Shiraz - 175ml														✓		
Writers Block Shiraz - 250ml														✓		
Writers Block Shiraz - BOTTLE														✓		
Rioja Jolaseta Crianza - 125ml														✓		
Rioja Jolaseta Crianza - 175ml														✓		
Rioja Jolaseta Crianza - 250ml														✓		
Rioja Jolaseta Crianza - BOTTLE														✓		

Camden Hells - Half		✓														
Camden Hells - Pint		✓														
Camden Pale Ale - Half		✓														
Camden Pale Ale - Pint		✓														
Corona Extra		✓														
Corona Cero 0%		✓														
Koppaberg Crisp Apple														✓		
Koppaberg Mixed Fruit														✓		
Koppaberg Strawberry & Lime														✓		

Allergens considered in this book are those recognised as per The Food Information Regulations 2014: celery & celeriac; cereals containing gluten (wheat, barley, rye, spelt and kamut); crustaceans; eggs; fish; lupin; milk; molluscs; mustard; tree nuts; peanuts; sesame; soya and sulphur dioxide. Please ask a member of staff if you have allergies other than these and we can guide accordingly.

<b>Review date:</b> _____	<b>Reviewed by:</b> _____
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