

Allergen statement

Please speak to your server before ordering if you suffer from any food allergies or intolerances as not all ingredients are listed in our menu descriptions. You have been provided with this allergen guide so that you can make an informed choice about the dishes that you order. Whilst every effort is made to minimise cross-contamination our ingredients are manufactured and our dishes are prepared in environments where allergens are present. We cannot therefore guarantee that any item on our menu is allergen-free.

Where a dish 'contains' one or more allergens, this is where they are present as an intentional ingredient.

Where a dish 'may contain' an allergen, this is where our supplier has told us that the ingredient is produced in a factory where this allergen is handled and there is a significant risk of cross-contamination.

The ingredients within our dishes which are deep-fried will be cooked in the same fryers as other ingredients which may contain allergens and there may be a risk of cross-contamination.

Please check the allergen information every time you visit our restaurant because we may have changed the recipe or the ingredients of one or more of our dishes.

By ordering your meal using this guide:

- ✓ You agree to advise your server if you suffer from a food allergy or intolerance.*
- ✓ You confirm your understanding that due to the products that we handle in our kitchens and the processes we use for cooking, we cannot guarantee that any of your dishes will be completely free from allergens.*

Menu FIR Intolerance Report

Harry LTO Q1



Dish Name

Cereals containing Gluten :										Tree Nuts :															
Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin

Starter

LTO DYNAMITE SHRIMP	✓	✓					✓		✓	M	M										✓	✓	M		
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Main

LTO ULTIMATE FISH FINGER BURGER	✓	✓				✓			✓	✓	M										✓	✓	M		
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Dessert

HR WINTER - STICKY TOFFEE PUDDING									✓		✓	M													
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